2013 CAPITAL ONE ROAD TO THE ROAR PRE-TRIALS – PRE-EVENT PRACTICE SCHEDULE

| Teams | Time (Monday, Nov. 4 th) |
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| Women: (McCarville, Spencer, Horgan, Auld) | 10:30 a.m. |
| Men: (Rumfeldt, Higgs, Cochrane, Fowler) | 12:30 p.m. |
| Women: (Scott, Sweeting, Holland, Webster) | 2:30 p.m. |
| Men: (Balsdon, Ménard, Frans, Laycock) | 4:30 p.m. |
| Men: (Cotter, Kean, Gushue, Jacobs) | 6:30 p.m. |
| Teams | Time (Tuesday, Nov. 5 th) |
| Women: (Bernard, Sonnenberg, Crocker, Kleibrink) | 5:00 p.m. |