



## National Wheelchair Program NextGen Application

Name:

Address:

Phone:

Email:

Home Club:

Home Coach:

Phone:

Email:

Years Curled:

Provincial Team - Years of Participation:

National Championship - Years of Participation:

National Championships Results:

International Events & Years of Experience:

Any other relevant Competitive Experience:

Please submit to Wendy Morgan National Program Manager at [wendymorgan@cogeco.ca](mailto:wendymorgan@cogeco.ca).

Please include in your application the following:

Documentation	Included	Not Included
Statement of interest and capacity to commit *		
2 letters of reference (1 Coach, 1 Teammate)		
Evidence of aptitude to meet performance standards **		
Video record of delivery mechanics		
Medical report that supports classification ***		

**\* Statement of Interest and Capacity to Commit**

*Please include the following:*

- Motivation for joining the program
- Statement of personal, positional, and performance strengths and gaps
- Statement of availability to participate in National Team Program (NTP), training camps once a month from August through February that include weekday and weekend scheduling of up to 5 days
- Statement of availability to participate in Domestic and International competitive opportunities that require a passport, ability to travel, weekday scheduling and up to 35 days of travel time
- Identified Daily Training Environment (DTE) coach support of training including practice plans, data and video collection, IST collaboration, commitment to all aspect of high performance training (mental, physical, nutritional, sport specific 15+ hours per week), and regular reporting to the Head Coach

**\*\*Evidence of aptitude to meet Performance Standards (as of March 2020):**

- NTP Standard for Draws: 65 - 70%
- NTP Standard for Hits: 65 - 70%
- Your Draw and Hit % in Competition
  - Draw %:
  - Hit %
- DTE Draw and Hit % results over 3 month period from drills package provided from NTP once application is received.

### **\*\*\*Medical Report that supports Classification**

- WCF Classification Guidelines:

#### **CRITERIA FOR ELIGIBILITY TO COMPETE**

The Athlete must meet one of the following eligibility criteria to compete in the World Wheelchair Curling Championship, World Wheelchair Curling Qualification events and the Paralympic Winter Games, i.e. to obtain an International Classification.

Athletes with a confirmed classification 'C' prior to the adaption of the 2014 Version of the Classification Rules coming into force will not be require to be re classified.

#### **1. LOSS OF POWER**

Loss of power in the lower limbs so that any residual power in the legs is less than a total of 40 out of 80 points. The movements tested are

at the hips – flexion, extension, adduction, abduction

at the knees – flexion, extension

at the ankles – plantar flexion and dorsi flexion

Power will be rated according to the Oxford Scale – 0 - 5. Grade 1 and 2 will be counted as 0.

Examples: Spinal Cord Injury Poliomyelitis Transverse myelitis Spina Bifida Polyneuropathy

#### **2. LOWER LIMB DEFICIENCY**

Bilateral above ankle amputation Unilateral hip disarticulation Unilateral above knee amputation and muscle strength in the other leg of less than 25/40 defined as above

#### **3. HYPERTONIA**

Hypertonia in the lower limbs graded using the Ashworth Scale at grade 3 or grade 4 and sufficient to prevent all ambulation or limit it to very short distances indoors

Examples Cerebral Palsy

Hypertonia can be associated with levels of strength in the legs greater than

40/80 even although ambulation is severely limited and therefore it is reasonable to use the level of spasticity as a separate eligibility criterion. 4 October 2014

#### **4. INCOORDINATION**

Incoordination in the lower limbs, possibly in combination with loss of strength and hypotonia with the objective signs of ataxia so that ambulation is prevented or limited to very short distances indoors.

Example Multiple Sclerosis Cerebral Palsy

#### **5. RESTRICTION OF MOVEMENT**

Severe permanent loss of joint range of 50% or more across 2 or more of the large joints (hip, knee, ankle) in both legs.

Example Arthrogryposis

#### **6. COMBINATION OF ABOVE IMPAIRMENT**

Any combination of above impairment, which is severe enough to confine athlete to wheelchair for daily activity.