Canadian Anti-Doping Program (CADP) Information for Canadian Curling Athletes

1. The Canadian Anti-Doping Program (CADP) rules can be found at https://sportintegrity.ca/canadian-anti-doping-program; these are based on WADA rules.
2. Sport Integrity Canada (SIC) or World Curling can test any curling athlete at ANY TIME.
3. Sanctions for positive test of a Prohibited Substance can include 2-year suspension from training, competing, funding and loss of medals.
4. RECREATIONAL DRUGS are Prohibited Substances; even if legal in-home country.
5. PSEUDOEPHEDRINE is Prohibited In-Competition; check all cold & cough medications.
6. Athletes have absolute responsibility for the substances they ingest. Check all medications at www.globaldro.com ; Note list of prohibited substances changes every January.
7. Curling Athletes competing at national events can only retroactively apply for a TUE for prohibited substances after being tested; athletes should ensure their doctor has file notes to support prescribed medications; check medical file requirements; https://sportintegrity.ca/retroactive-therapeutic-use-exemptions.
8. World Curling sanctioned events require pre-approval for use of prohibited substances.
9. Forms for a TUE must be signed by a Medical Doctor and approved by the World Curling/SIC.
10. In an emergency athletes should take prescribed medications; then seek assistance if they are prohibited products.
11. Athletes must report all current use of medications to the Doping Control Officer when being tested; carry a list in your wallet at events.
12. Nutritional Substances like protein powders can test positive for Prohibited Substances due to Undeclared Contents; To reduce the risk, athletes must use products tested for banned substances; Lists of tested products are available at: https://www.nsfsport.com/certified-products/ ; http://www.informed-choice.org ; http://www.informed-sport.com ; http://www.bscg.org/certified-drug-free-dietary-supplements/ .
13. Athletes competing at national events are encouraged to take a Sport Integrity Canada online education course prior to the competition. https://sportintegrity.ca/anti-doping-untracked .

November 2026